

INDIVIDUALS WITH MS AND DEPRESSION: PAID RESEARCH OPPORTUNITY

Needed: People 18 and over who have Multiple Sclerosis (MS) and suffer from depression.

Why? We are conducting a phase III clinical trial for the use of Deprexis. Deprexis is a fully automated, internet-based cognitive behavioral therapy (iCBT) program that aims to reduce depressive symptoms in people with MS.

What's Involved? Clinical assessments at baseline and three-month follow-up. Three-month adherence to Deprexis program at home. You will also have the opportunity to participate in an MRI component of the study!

What do you gain? You may decrease your depression symptoms. *You will be paid for your time and travel.*

Inclusion Criteria:

- 18 years of age or older
- Diagnosis of MS
- Depression symptoms
- Fluent in speaking English
- Willingness to do an internet-based cognitive behavioral therapy (iCBT) intervention
- Ability to travel to the outpatient center for two clinical assessments
- Internet access at home

Exclusion Criteria:

- Diagnosis of bipolar or schizophrenia
- Involvement in current talk therapy treatment for depression
- Just started anti-depressant medication within the last 2 months

Interested? Contact Dr. Peter Arnett and his research team at the **Penn State Multiple Sclerosis Project** at: **(814) 865-5578** or email: **psu.deprexis@gmail.com**.

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